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# The Mind Games Men Play With Women



## Synopsis

Unless you are a staunch feminist or a male chauvinist, you'll have to agree that both women and men play mind games. Yet due to the propaganda in the media, especially on the big screen, women are portrayed as the only ones that are good at playing mind games - especially in regards to playing mind games with men. However, if you believe this you are completely mistaken. Men are also equally as good when it comes to playing mind games, especially in regards to playing mind games with women. Mind games involve manipulation. These so-called manipulations, or mind games, can be intentional or not. They can be as complex and varied as men themselves. Some of the main reasons for mind games include disinterest, lack of confidence, insecurity, boredom, fear of commitment, and need for control. In her book, entitled *The Mind Games Men Play with Women*, author Tonya Love examines these aforementioned reasons in detail using examples from everyday life. Then she offers suggestions for how to deal with each situation. Whether you are a man or a woman, it's helpful to know what you're up against when it comes to life and love. The purpose of this book is to bring these mind games to your attention so that you can learn to communicate more effectively, and to give you a better idea of whether you should stay or go when it comes to pursuing a relationship.

## Book Information

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## Customer Reviews

For years I've had to listen to the men around me whine and complain about how women are always playing mind games on poor, unsuspecting men and blah blah blah. Oh please! Men play

their fair share of mind games too, and this book proves it with examples of male behavior we've all experienced. Every woman should read this so the next time she is tempted to pass off her man's behavior as stupidity or cluelessness or "because he's a man", she will understand that no, he's doing that for a reason and she needs to call him out on it. The reality is that men are not stupid, lumbering oafs incapable of doing laundry like the sitcoms would have us all think, and adult males are fully capable of employing real, positive communication to get what they need out of a relationship. From the guy who says he's interested but then finds every excuse under the sun to avoid meeting you for coffee to the guy who belittles you in front of his friends but is a saint when you're alone, Tonya Love calls the men to the table in this smart, humorous book. The numerous examples of normal, everyday interactions between couples perfectly illustrates some of the most common mind games men play on women, and how to get him to stop messing with your head and learn to simply say what it is he needs to say. It's a great read, and one I intend to pass along to some of my friends who are currently caught up in these stupid games themselves.

This book gave me a lot of Oh Really? moments, and now I am looking at my husband in a whole new light. As I read some of the examples of different mine games men like to play with women, I recognized some of the tricks he pulls on me from time to time and yes, I had chalked them up to just how men are. Well, now I know better. This is a wonderful and enlightening look at the way men are perfectly capable of being manipulative as women are. The overall tone is quite positive and the author never slams men for the things they do. She simply shows you what he does, what he's thinking when he does it, and how to get him to stop playing games and act like a reasonable adult. This is one book I'll be reading twice!

Like many women, I have wondered why men tend to play silly, little mind games when it comes to matters of the heart. Apparently Tonya Love has contemplated the same question and has eloquently written a book to help understand this paradox. *The Mind Games Men Play with Women* is a book that enlightens and educates with real facts that have been thoroughly researched, so the reader isn't provided with fluff and unnecessary writings. I really liked Love's positive attitude throughout the book and the advice she lends is fantastic. From wondering if "He (the man) is Truly Interested in You" to "He Might Not Be a Keeper," this book will have you (like I was) enthralled and eager to learn even more. Absolutely great read and a must-have for the confused woman in love.

This is a book that truly delves into the subject of human psychology and explains the various

games we play as humans. Focusing on men, I think this one can be very useful for women to sort out whether their partner is worth keeping and in order to protect themselves. I enjoyed the well backed up researched thought that went into this, and I learned so many crucial points. Highly recommended.

As a tarot card reader I get asked about relationships all the time. I've wished numerous times for a small book to recommend to my customers that can be read by all ages. This is that book. If more people were in better relationships instead of wasting time on ones that don't serve them, I would most likely be out of a job haha. Until then I will recommend this book.

This is a book talks about human psychology and explains that how we plays different various role over time. It helps a lot to understand different peoples psychology. I highly recommend it!

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